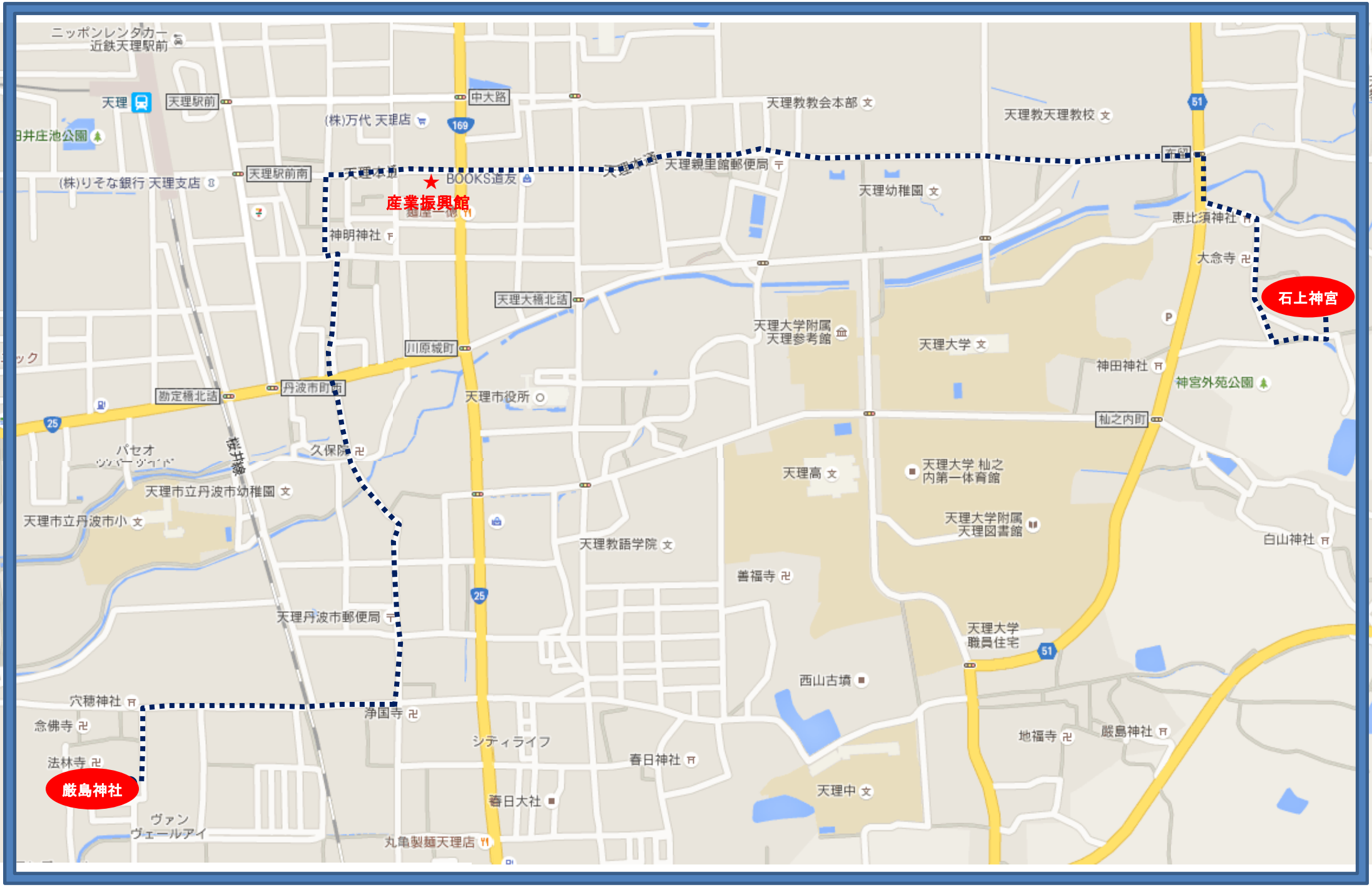石上神宮「ふる祭」御渡り 行程